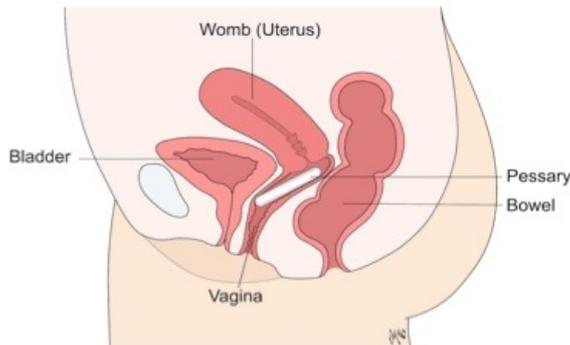


Pessary for Prolapse - a project to find out the priorities for future research

This short survey will take less than 10 minutes. Thank you for taking the time to complete it.

Prolapse is a very common condition affecting about 1 in 3 women in the UK. The main symptom is vaginal heaviness or bulge. The bulge may be felt inside or outside the vagina. Treatments for prolapse symptoms may include lifestyle changes, pelvic floor muscle training, surgery or the use of a pessary.



A pessary is a device that is placed inside the vagina to help support the vaginal walls and lift them back into place (see picture). This is intended to reduce the symptoms caused by prolapse such as vaginal heaviness or bulge.

You can help to make future research about pessaries relevant to you. We want women and healthcare professionals to tell us what questions they have about pessaries as a treatment for prolapse.

All the questions we receive will be looked at, and ranked with a second survey and final workshop to identify the top ten questions about pessary use for prolapse which women and healthcare professionals want answered by research.

We will then be able to tell researchers what studies are needed to answer the questions that are the most important. These studies may be about any aspect of pessary use for prolapse.

Although the questions below do not relate to pessaries, they are an example of the type of questions asked in other healthcare surveys:

- What is the best cream to use first in eczema?
- Are breathing exercises helpful in controlling asthma?
- Which is the most effective support in osteoarthritis of the knee?
- What training is required to improve diagnosis in depression?

The information that you provide in this survey will be used anonymously and you cannot be identified unless you choose to provide '**further contact details**' at the end of this survey.

All the questions will be used to create a further survey for women and healthcare professionals. A final ranking process will agree the Top 10 questions about pessary use for prolapse which you want answered by research.

Thank you for your help

You may ask up to 3 questions.

There is no right way to ask a question - please just tell us what you would like to know about the use of pessaries for the management of prolapse.

Your question might be a how / why / which/ who / what / when / where question about pessaries for prolapse.

*** Question 1: (required)**

Question 2:

Question 3:

Anything else to add?

Women of all ages may be affected by prolapse at any stage of their lives. This might affect their relationships with family and friends and impact on their quality of life.

Many healthcare professionals can be involved in the assessment, fitting and ongoing management of the use of a pessary for prolapse.

We want to make sure that we have questions from everyone involved in pessary treatment for prolapse. Answering the following questions will help us to know that we have achieved this.

*** Which of the following best describes you? (required) (tick all that apply)**

- a woman who has (or has had) experience of prolapse**
- a healthcare professional involved with the treatment of prolapse**
- a partner or carer of someone affected by prolapse**
- other**

if 'other' - please give details:

What age are you?

- 18-29 years**
- 30-49 years**
- 50-69 years**
- 70-89 years**
- 90 years or older**
- prefer not to say**

Where do you live?

- Scotland**
- England**
- Wales**
- Northern Ireland**
- none of the above**
- prefer not to say**

If you are a healthcare professional, do you fit or change pessaries?

- Yes**
- No**
- I am not a healthcare professional**

If you currently have a prolapse or have had one in the past have you ever used a pessary?

- Yes**
 - No**
 - Not applicable**
-

If you currently use a pessary how long have you used it for?

- less than 2 weeks**
- 2 weeks - 6 months**
- 6 months - 12 months**
- 1 - 5 years**
- over 5 years**

If you have used a pessary in the past how long did you use it for?

- less than 2 weeks**
 - 2 weeks - 6 months**
 - 6 months - 12 months**
 - 1 - 5 years**
 - over 5 years**
-

We would be very happy for you to stay involved with this project and help with future research about pessaries.

If you would like to stay involved, choose any or all of the following options and you will be asked to provide contact details.

You may tick all that apply.

- I am happy to be contacted to take part in the next survey to choose the most important question**
 - I have personal experience of prolapse and would like to know more about being involved**
 - I would like to be told of the results of the priority setting exercise about pessaries**
-

To stay involved, please supply an email address or contact address:

