



MS Priority Setting Partnership

Top 10 unanswered research questions in MS important to people affected by MS and healthcare professionals

1. Which treatments are effective to slow, stop or reverse the accumulation of disability associated with MS?
2. How can MS be prevented?
3. Which treatments are effective for fatigue in people with MS?
4. How can people with MS be best supported to self-manage their condition?
5. Does early treatment with aggressive disease modifying drugs improve the prognosis for people with MS?
6. Is Vitamin D supplementation an effective disease modifying treatment for MS?
7. Which treatments are effective to improve mobility for people with MS?
8. Which treatments are effective to improve cognition in people with MS?
9. Which treatments are effective for pain in people with MS?
10. Is physiotherapy effective in reducing disability in people with MS?

The Top 10 was developed using the James Lind Alliance process for setting research priorities. The process brings together people with health conditions and healthcare professionals and prioritises questions they want answered by research.