

## Top 25 questions Hair Loss Disorders (excluding alopecia areata)

### Your individual ranking of unanswered questions about Hair Loss

Please spend some time before the workshop reviewing the 25 questions listed below. They have come from a survey of parents, relevant charities and health professionals.

Rank them from 1 – 25, 1 being the most important in your opinion and 25 being the least important in your opinion. Make a note of any comments in the far right hand column.

Top 25	Your top 25	Questions	REASONS/ COMMENTS	Type of Hair Loss
A		In all types of hair loss, do certain diets or nutritional supplements (for example vitamin D) prevent or improve hair loss?		All types
B		What are the causes of frontal fibrosing alopecia?- for example- dietary, genetic, autoimmune, medications, hormonal, environmental, vaccination, infection.		Frontal fibrosing alopecia
C		In all types of hair loss, does raising ferritin levels/replacing iron improve hair growth? And what is the optimal level of ferritin?		All types
D		In all types of hair loss, how aware are General Practitioners (GPs) regarding the psychological impact of hair loss?		All types
E		In all types of hair loss, does stress cause hair loss?		All types
F		What is the most effective treatment for frontal fibrosing alopecia?		Frontal fibrosing alopecia
G		How aware are GPs of the early signs of hair loss and their management?		All types
H		In all types of hair loss, what outcome measures should be used to assess severity of hair loss, progression and impact on the individual?		all types
I		What are the causes of female pattern hair loss?- for example- genetic, hormonal and childbirth, autoimmune, dietary, other medical conditions, environmental factors.		Female pattern hair loss (androgenetic alopecia)
J		In general practice, what is the best method of assessment of hair disorders (for example- are blood tests helpful)?		All types
K		In all types of hair loss, are psychological therapies effective in improving patient outcomes?		All types
L		In female pattern hair loss, does hormone replacement therapy (HRT) halt progression of the hair loss compared to placebo?		Female pattern hair loss (androgenetic alopecia)
M		What is the most effective treatment for Lichen planopilaris?		Lichen planopilaris
N		Can frontal fibrosing alopecia be prevented?		Frontal fibrosing alopecia
O		In frontal fibrosing alopecia, what is the association with lichen planus? Are they the same condition?		Frontal fibrosing alopecia

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Top 25	Your top 25	Questions	REASONS/ COMMENTS	Type of Hair Loss
P		In all types of hair loss, how long should topical steroids be used for?		Other (please specify in the comment box below)
Q		In all types of hair loss, do any hair styling practices (washing, styling, cutting or colouring hair) reduce hair re-growth/ increase hair loss?		All types
R		In frontal fibrosing alopecia, why is hair lost from the frontal area of the scalp?		Frontal fibrosing alopecia
S		In female pattern hair loss, are natural anti-androgen remedies as effective as treatment with Minoxidil?		Female pattern hair loss (androgenetic alopecia)
T		What is the cause of post-menopausal hair loss and how can it be prevented?		Female pattern hair loss (androgenetic alopecia)
U		Is spironolactone helpful in managing female pattern hair loss?		Female pattern hair loss (androgenetic alopecia)
V		In frontal fibrosing alopecia, do cosmetics/sunscreen/daily products cause hair loss?		Frontal fibrosing alopecia
W		How can female pattern hair loss be prevented?		Female pattern hair loss (androgenetic alopecia)
X		In frontal fibrosing alopecia, do steroids applied to the skin stop further hair loss compared to placebo?		Frontal fibrosing alopecia
Y		How common is permanent Chemotherapy-induced hair loss and how can permanent loss be prevented?		Chemotherapy-induced hair loss