

## Top 25 questions Alopecia Areata for final PSP workshop

### Your individual ranking of unanswered questions about Hair Loss

Please spend some time before the workshop reviewing the 25 questions listed below. They have come from a survey of parents, relevant charities and health professionals.

Rank them from 1 – 25, 1 being the most important in your opinion and 25 being the least important in your opinion. Make a note of any comments in the far right hand column.

| TOP 25 | Your top 25 | Questions  | Reason/Comments |
|--------|-------------|--|-----------------|
| A      |             | What are the causes of alopecia areata? For example- medications, medical problems, lifestyle, vaccinations.   |                 |
| B      |             | What can be learnt about alopecia areata from other autoimmune conditions?   |                 |
| C      |             | Does stress cause alopecia areata?   |                 |
| D      |             | How can alopecia areata be prevented?  |                 |
| E      |             | Do certain foods, vitamins or nutritional supplements improve hair re-growth in alopecia areata?   |                 |
| F      |             | In alopecia areata, how aware are GPs regarding the psychological impact of hair loss?   |                 |
| G      |             | What is the likelihood of children of affected individuals developing alopecia areata?   |                 |
| H      |             | Is alopecia areata associated with other illnesses? For example arthritis, acne.   |                 |
| I      |             | In alopecia areata, are biological therapies (including JAK inhibitors and anti-cytokine therapies) more effective than placebo in causing hair re-growth? |                 |
| J      |             | What is the role of nutrition/diet in the prevention of alopecia areata?   |                 |
| K      |             | In whom does alopecia areata hair loss progress and why?   |                 |
| L      |             | Are there any factors that predict who will develop alopecia areata?   |                 |
| M      |             | In alopecia areata, why does hair loss occur in certain localised areas and patterns?  |                 |
| N      |             | What are the psychological effects of alopecia areata on the affected individual?  |                 |
| O      |             | Can progression of alopecia areata be prevented by early diagnosis and treatment?  |                 |
| P      |             | Does iron supplementation or an iron rich diet help in the treatment of alopecia areata?   |                 |
| Q      |             | Are immunosuppressant therapies (for example- methotrexate, mycophenolate mofetil) better than placebo in the treatment of alopecia areata?                |                 |
| R      |             | Are psychological interventions helpful in alopecia areata?  |                 |
| S      |             | How effective are alternative therapies in alopecia areata?  |                 |
| T      |             | Do any treatments have a long-term effect in alopecia areata?  |                 |
| U      |             | How can wigs for alopecia areata be made more comfortable?   |                 |
| V      |             | Is hormone therapy helpful in the treatment of alopecia areata?  |                 |

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| TOP<br>25 | Your top<br>25 | Questions   | Reason/Comments |
|-----------|----------------|---|-----------------|
| W         |                | In alopecia areata, do vitamin D supplements improve hair growth or halt hair loss? |                 |
| X         |                | Does numbness/ tingling of the skin precede hair loss in alopecia areata?           |                 |
| Y         |                | Is wig provision on the nhs for alopecia areata equitable across the UK?            |                 |