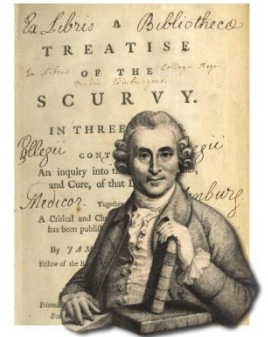


A



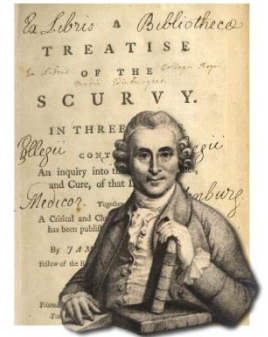
James Lind Alliance

What is the best treatment regimen for acne?



Combination therapy/efficacy/safety

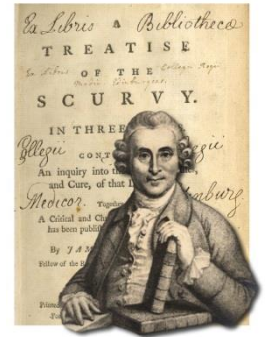
A



James Lind Alliance

- Rank patients 6
- Rank professionals 4
- Number of related submissions from patients: 30 (1.7%)
- Number of related submissions from professionals: 42 (6.2%)
- Similar or related questions in UK DUETs: 1
- Systematic review: 1 out-of-date

B



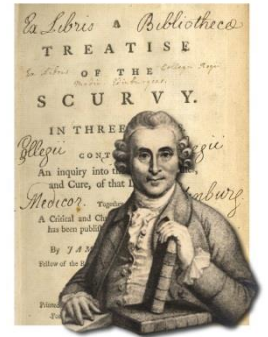
James Lind Alliance

What is the best way of managing acne in mature women who may/may not have underlying hormonal abnormalities?



Long term care/efficacy/safety

B

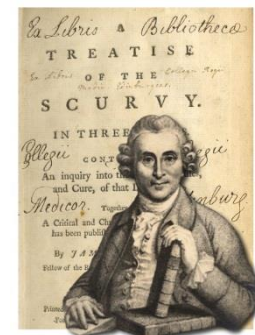


James Lind Alliance

- Rank patients 9
- Rank professionals 7
- Number of related submissions from patients: 112 (6.4%)
- Number of related submissions from professionals: 42 (6.2%)
- Similar or related questions in UK DUETs: 7
- Systematic review: 5 out-of-date, 1 recent

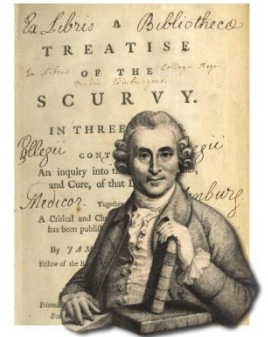
D

- Rank patients 15
- Rank professionals 1
- Number of related submissions from patients: 159 (9.1%)
- Number of related submissions from professionals: 121 (18%)
- Similar or related questions in UK DUETs: 7
- Systematic review: 3 out-of-date, 1 recent



James Lind Alliance

E



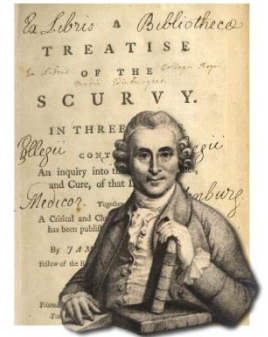
James Lind Alliance

Does oral isotretinoin
(Roaccutane) for acne
cause depression and can
individuals at risk be
identified?



Oral therapies/safety

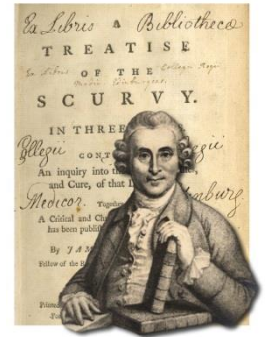
E



James Lind Alliance

- Rank patients 7
- Rank professionals 2
- Number of related submissions from patients: 70 (4%)
- Number of related submissions from professionals: 43 (6.4%)
- Similar or related questions in UK DUETs: 1
- Systematic reviews: many out-of-date, 1 recent

F



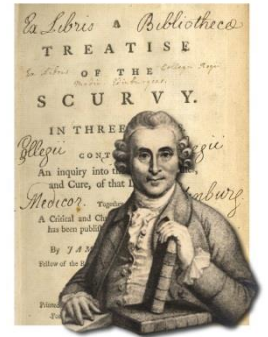
James Lind Alliance

How long do acne treatments take to work and which ones are fastest acting?



Treatment efficacy

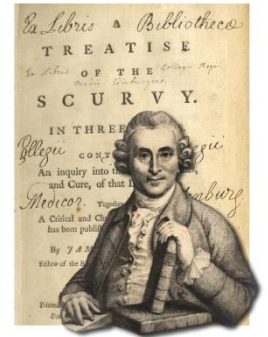
F



James Lind Alliance

- Rank patients 18
- Rank professionals 20
- Number of related submissions from patients: 99 (5.6%)
- Number of related submissions from professionals: 11 (1.6%)
- Similar or related questions in UK DUETs: NONE
- Systematic review: NONE

G



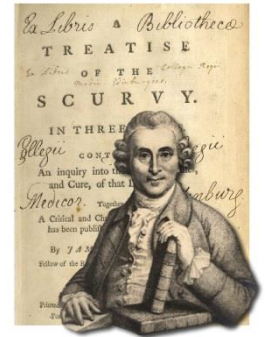
James Lind Alliance

What are the long term side effects of acne treatments and the risk of getting them?



All treatments/safety

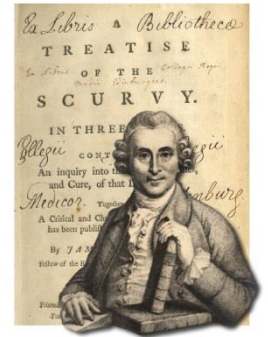
G



James Lind Alliance

- Rank patients 12
- Rank professionals 13
- Number of related submissions from patients: 143 (8.2%)
- Number of related submissions from professionals: 17 (2.5%)
- Similar or related questions in UK DUETs: 1
- Systematic review: NONE

H



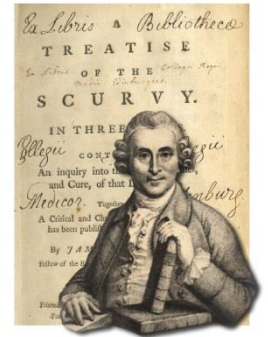
James Lind Alliance

What is the best skin care routine for people with acne?



Promoting skin health

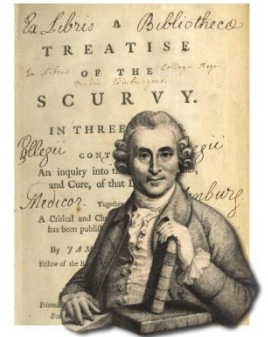
H



James Lind Alliance

- Rank patients 1
- Rank professionals 3
- Number of related submissions from patients: 186 (10.5%)
- Number of related submissions from professionals: 21 (3.1%)
- Similar or related questions in UK DUETs: NONE
- Systematic review: NO

|



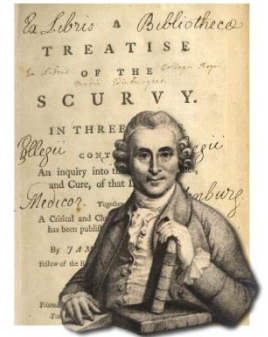
James Lind Alliance

What is the best way of preventing acne?



Acne prevention

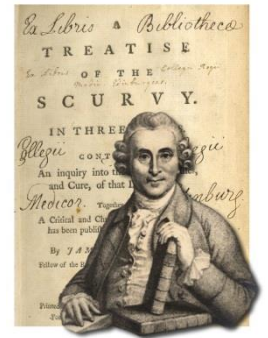
|



James Lind Alliance

- Rank patients 2
- Rank professionals 10
- Number of related submissions from patients: 130 (7.4%)
- Number of related submissions from professionals: 53 (7.9%)
- Similar or related questions in UK DUETs: NONE
- Systematic review: NONE

J



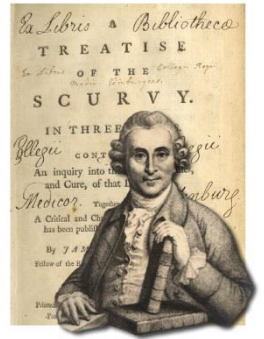
James Lind Alliance

What is the correct way to use oral isotretinoin in acne in order to achieve the best outcomes with least risk?



Oral therapies/efficacy/safety

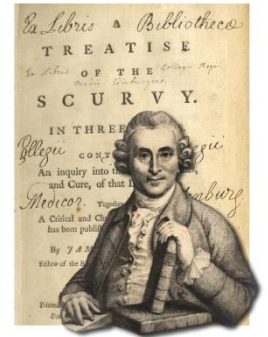
J



James Lind Alliance

- Rank patients 19
- Rank professionals 5
- Number of related submissions from patients: 105 (6%)
- Number of related submissions from professionals: 125 (18.6%)
- Similar or related questions in UK DUETs: 2
- Systematic review: NONE

K



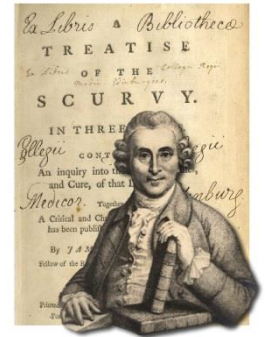
James Lind Alliance

What is the best long term strategy for managing acne?



Long term care/efficacy/safety

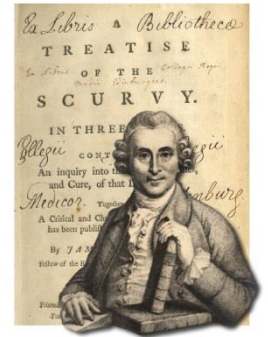
K



James Lind Alliance

- Rank patients 8
- Rank professionals 8
- Number of related submissions from patients: 59 (3.4%)
- Number of related submissions from professionals: 86 (12.8%)
- Similar or related questions in UK DUETs: 4
- Systematic review: NONE

L



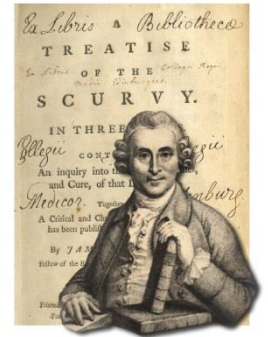
James Lind Alliance

What is the best topical product for treating acne?



Topical therapies/efficacy/safety

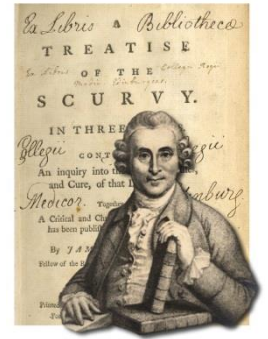
L



James Lind Alliance

- Rank patients 16
- Rank professionals 14
- Number of related submissions from patients: 266 (15.2%)
- Number of related submissions from professionals: 55 (8.2%)
- Similar or related questions in UK DUETs: 10
- Systematic review: NONE

M



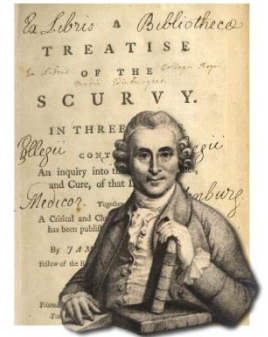
James Lind Alliance

Which lifestyle factors influence acne severity the most?



Susceptibility to acne

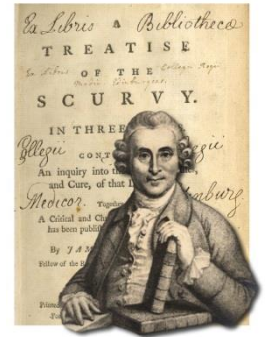
M



James Lind Alliance

- Rank patients 10
- Rank professionals 17
- Number of related submissions from patients: 203 (11.6%)
- Number of related submissions from professionals: 31 (4.6%)
- Similar or related questions in UK DUETs: 2 (excluding diet related ones)
- Systematic review: 1 out-of-date

N



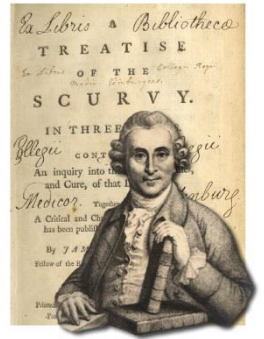
James Lind Alliance

What is the best way of stopping acne coming back after a course of treatment has ended?



Long term care

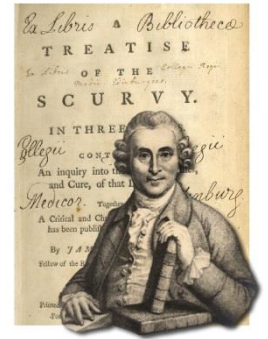
N



James Lind Alliance

- Rank patients 5
- Rank professionals 9
- Number of related submissions from patients: 39 (2.2%)
- Number of related submissions from professionals: 25 (3.7%)
- Similar or related questions in UK DUETs: NONE
- Systematic review: NONE

0



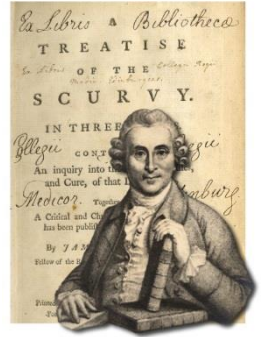
James Lind Alliance

Does diet affect who gets acne or how severe it is?



Susceptibility to acne

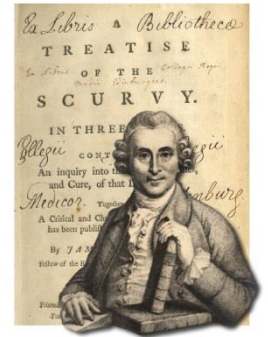
O



James Lind Alliance

- Rank patients 14
- Rank professionals 15
- Number of related submissions from patients: 150 (8.6%)
- Number of related submissions from professionals: 54 (8%)
- Similar or related questions in UK DUETs: 2
- Systematic review: 1 out-of-date

P



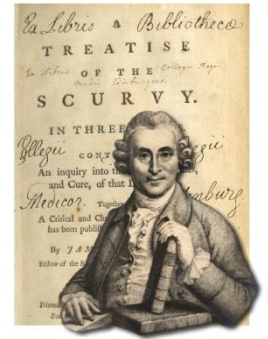
James Lind Alliance

Are cosmetic remedies for spot prone skin as effective as they claim to be?



Topical therapies/efficacy

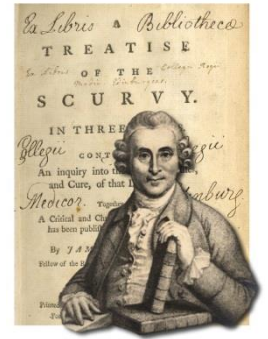
P



James Lind Alliance

- Rank patients 11
- Rank professionals 21
- Number of related submissions from patients: 439 (25%)
- Number of related submissions from professionals: 8 (1.2%)
- Similar or related questions in UK DUETs: 1
- Systematic review: NO

Q



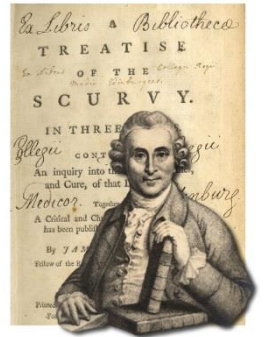
James Lind Alliance

What is the best treatment for acne scars?



Management of scarring/efficacy/safety

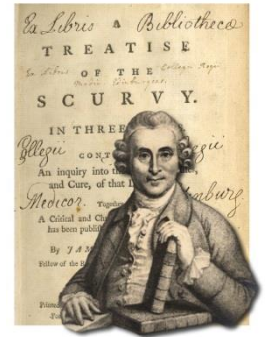
Q



James Lind Alliance

- Rank patients 3
- Rank professionals 6
- Number of related submissions from patients: 324 (18.5%)
- Number of related submissions from professionals: 32 (4.8%)
- Similar or related questions in UK DUETs: 1
- Systematic review: 4 out-of-date, 2 recent

R



James Lind Alliance

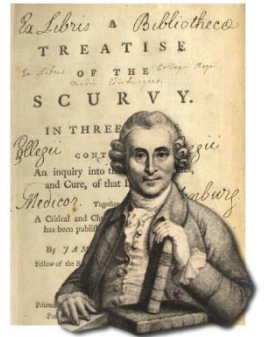
Which physical therapies including lasers and other light based treatments are safe and effective for treating acne?



Device-based therapies

R

- Rank patients 13
- Rank professionals 12
- Number of related submissions from patients: 573 (32.7%)
- Number of related submissions from professionals: 34 (5.1%)
- Similar or related questions in UK DUETs: 7
- Systematic reviews: 3 plus 1 imminent



James Lind Alliance