



Have your say!

**What are your questions about
occupational therapy in the UK?**

We need your help to identify the priorities for occupational therapy research in the UK.

The survey is open from 5 August to 5 November 2019.



Why we are doing this survey?

We need your help to identify the most important questions for occupational therapy research in the UK so we can focus our efforts on answering them.

Who should take part in this survey and why?

Your views are important because they will help us to focus on what really matters to you. We are interested in hearing from:

- People with experience of accessing occupational therapy
- Carers of people who access occupational therapy
- Occupational therapists
- Others who meet occupational therapists during the course of their work.

What do we want to hear about?

Research helps us answer questions about what works and doesn't work in occupational therapy. We want to hear what questions you might have.

There are lots of big issues that affect the way that occupational therapy services are provided (like the availability of services, waiting times, paying for equipment, etc.). This survey is not about these bigger issues, but is about what occupational therapy is and does.

What happens next?

This survey will be open for 3 months from 5 August to 5 November. After this, we will check that your questions haven't already been answered. When we have a long list of unanswered questions, a second survey will ask people to pick those that they think are the most important questions. The final step is a workshop that will concentrate on deciding on which of the 20-30 most important questions picked by the second survey are the top 10. These are the questions that we will focus occupational therapy research on.

We will make the top 10 list of questions available at www.rcot.co.uk so that everyone can see it.

For more information on this project go to www.rcot.co.uk/otpsp



Participant information statement

It's up to you if you want to take part in this survey. You can leave the survey at any stage by closing it. The survey should take about 10-20 minutes to complete. Your answers will be anonymous which means we will not be able to identify you. Your information will be kept safely in a password protected computer file that only the project team can use. All your information will be deleted after three years. The project has been approved by the RCOT [PE36/2019].

If you need more information please contact Jenny Mac Donnell, Project Lead, Royal College of Occupational Therapists: Jenny.MacDonnell@rcot.co.uk.

Thank you for reading this information. Please tick one of the boxes below to let us know if you'd like to take part:

- Yes, I have read the information and want to take part
- No, I don't want to take part



Section 1

What do occupational therapists do?

Occupational therapists support people to live the lives they want to live. At the heart of occupational therapy is the belief that the ability to do everything we need, want or have to do in our daily life is important to health and wellbeing.

If you have accessed or cared for someone accessing the services of an occupational therapist, what questions do you have based on that experience?

If you are an occupational therapist or you work in the health and social care environment, what questions do you have based on your experiences of working in or with the profession?

Question 1

(Please tick the appropriate box. If you're completing the survey electronically, you can click inside the square box to tick)

Are you:

- A person with experience of accessing occupational therapy
- A carer of a person who accesses occupational therapy
 - the person I care for is under 18 years of age
 - the person I care for is aged 18 years or older
- An occupational therapist
- An occupational therapy student
- A person other than an occupational therapist working in the health and social care environment
- A person with a different interest in this area (please describe)



Question 2

What questions do you have about occupational therapy that you haven't been able to find the answer to?

Question 3

What questions do you have about the difference that occupational therapy makes to people's lives?



Section 2

It's important that we know a little about you so we can try to make sure that we hear from a wide range of people. This information will be kept secure, confidential and separate from your previous answers so you cannot be identified. You don't have to answer any of these questions, if you don't want to.

Where do you live?

- Channel Islands
- England
- Isle of Man
- Northern Ireland
- Scotland
- Wales
- I live outside the United Kingdom

What is your age range?

- 15 or under
- 16-24
- 25-44
- 45-64
- 65-79
- 80 years and over
- I prefer not to say

How would you describe your gender?

- Female
- Male
- I prefer to describe myself as

- I prefer not to say

What best describes your ethnic group?

- Asian/Asian British
- Black/Black British
- Chinese or other ethnic group
- Mixed/multiple ethnic groups
- White
- I prefer to describe myself as

Do you identify as disabled?

- Yes
- No

- I prefer not to say

Your answers are anonymous and once they have been submitted they can't be deleted.

Thank you for taking the time to complete this survey

If you need to return this survey by post please send it to: Ruth Unstead-Joss, Project Coordinator, Royal College of Occupational Therapists, 106-114 Borough High Street, London SE1 1LB

If you would like to take part in a second survey for this project or join in a workshop please contact Ruth Unstead-Joss, Project Coordinator by email at Ruth.Unstead-Joss@rcot.co.uk or telephone 0207 939 9159 to let us know.

Support

If this survey raises any issues for you then there are sources of support and information available to you. If you are not a member of RCOT, you can contact:

1. Your local GP
2. Your Local Authority Adult Social Care services, find your local service:

England - <https://bit.ly/2LndeHm>

Northern Ireland - <http://online.hscni.net/>

Scotland - <https://careinfoscotland.scot/>

Wales - <https://bit.ly/2GwsIEC>

Members of RCOT can contact:

RCOT's Professional Practice Enquiries Service www.rcot.co.uk/profguidance