## JLA Guidebook
### Cleft Lip and Palate PSP: examples of combined treatment uncertainties

<table>
<thead>
<tr>
<th>FINAL QUESTION</th>
<th>Original Question(s)</th>
<th>Submitter(s)</th>
</tr>
</thead>
</table>
| Is there an intervention available that will facilitate breastfeeding in infants with CL/P | - Breastfeeding a baby with bilateral cleft lip+palate - if it is possible  
- How can breast feeding children with a cleft palate be improved  
- Breastfeeding - How the natural instincts to suckle at the breast can be encouraged and ways found to help to achieve breastfeeding for babies with cleft lip and palate? | 2 x Carer of child/adolescent  
1 x Health Professional                                                                                   |
| Are there substitutes for bone that are as effective as autologous bone for alveolar bone grafting? | - Is BMP as effective as autologous bone for alveolar bone grafting?  
- Is the volume of bone placed at the time of none grafting critical for tooth eruption and ultimate tooth alignment? Could bone substitutes be used  
- Is it best to keep taking the bone from the hip for alveolar bone graft or could an alternative (manufactured) substance be used?  
- Will the closure of the front gum always have to be done through the thigh bone graft or will there be new techniques in the future that will avoid this? | 4 x Adult with cleft                                                                                |
| Can stem cells be used in palate repair (both primary and secondary)?          | - can palate stem cells be grown to form a graft ,that would fill a fistula,where previous surgery had left,rather than use a graft from the cheek.  
- will stem cells be used to close the hole in the pallet                                                | 1 x Health Professional  
1 x Adult with cleft                                                                                        |
| In infants with a cleft lip +/- palate, what is the best surgical technique for primary repair? | - What is the best time to operate on a lip/palate  
- Is there a recent study that compares the weight gain on these infants before and after surgery of cleft palate?  
- What surgical techniques for lip and palate closure lead to the best physical outcomes?  
- What is the best surgical protocol for closing a complete unilateral cleft of the lip and palate? | 1 x Carer of child/adolescent  
1 x Final submission  
2 x Health Professional                                                                                   |
<table>
<thead>
<tr>
<th>FINAL QUESTION</th>
<th>Original Question(s)</th>
<th>Submitter(s)</th>
</tr>
</thead>
</table>
| In infants with a cleft palate +/- lip what is the best time to do the primary lip repair? | - Primary lip surgery should be done at 3 or 6 months, we know we should not do it in the first 2 weeks?  
- When is the best time to close the palate?                                           | 2 x Health Professional                                                             |
| What types of psychological intervention are most helpful for patients with clefts CL/P and their families? | - What is the importance of psychology services (not all teams have one)  
- What types of psychological intervention are most helpful for patients with clefts? | 1 x Org Representative  
1 x Health Professional                                             |
| What is the best sleeping position for babies with cleft palate (between 0 and 6 months?) | - Is lateral or prone positioning a safe option for babies with cleft palate?  
- sleeping position age 0 - 6months                                               | 1 x Carer of child/adolescent  
1 x Health Professional                                                     |
| In individuals with CL/P, how effective is ABG orthodontic expansion treatment? | - Does pre-bone grafting orthodontic expansion treatment have any benefit for the success of the bone-graft and long-term arch form?  
- Is a brace always required before an alveolar bone graft? | 1 x Health Professional AND  
Carer/relative of adult  
1 x Health Professional                                                   |