

**Are you over 50 and have broken a bone in your upper limb?**

**Do you treat or care for someone who has?  
If so, we need your help.**



All medical treatment and advice that people receive should be based on solid evidence that has been gathered through research. There is still a lack of evidence to guide the care and treatment of people over 50 with upper limb fractures.

Upper limb fractures (broken bones) include those of the shoulder (collarbone and shoulder girdle), upper arm, elbow, lower arm, wrist and hand. These fractures are very common and often have long-lasting effects, leading to temporary or permanent disability. The treatment received is important in minimising these problems.

**We are seeking your views about what research questions you think should be answered for upper limb fractures. You do not need to know anything about research to complete this survey. You just need to be interested in upper limb fractures.**

**You can also use our online survey to submit your questions:  
[www.ndorms.ox.ac.uk/upperlimb](http://www.ndorms.ox.ac.uk/upperlimb)**

By participating in this survey you give us, and partner organisations, permission to publish your answers when reporting on the Priority Setting Partnership, but no personal data will be published.

## The Survey

Please write in the boxes below any questions you have about upper limb fractures and/or what is important to you. Patients and carers may wish to include the questions they asked healthcare professionals during their treatment and recovery. You might also find it helpful to think about what services are missing and what could be improved.

This survey is set out to reflect 3 stages of patient experience after breaking a bone of the upper limb. There are some ideas to help you in the box below but please include questions on any aspect of your care.

**Early treatment** : management of the fracture at the scene; on the way to the hospital; in the accident and emergency or minor injuries unit

Example areas you may wish to comment on are pain relief; x-rays or other imaging to make the diagnosis; reduction of fractures (returning the broken bone to its normal position); splints or casts; information provided

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**Treating the fracture:** treatment in the hospital or at trauma clinics

Example areas you may wish to comment on are: operation vs no operation; timing of treatment; splints or casts; medication; information provided

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**Rehabilitation and Recovery:** the support you receive to help you get back to normal

Example areas you may wish to comment on are physiotherapy or occupational therapy; social support requirements; psychological consequences; advice; prediction of outcomes

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**Anything else to add?** Please include here anything else you want to tell us about your experiences with broken bones of the upper limb

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### What do we do next?

Using a survey and a final workshop, we will ask patients, carers and healthcare professionals which ideas they think are the most important. We will then tell the people who fund research the top ten questions that need answering.

## About Us

Our team consists of healthcare professionals, patients and carers, who have an interest in broken bones of the upper limb. We are working in partnership with the James Lind Alliance. (<http://www.jla.nihr.ac.uk/about-the-james-lind-alliance/>) to identify research priorities for broken bones in the upper limb.

## About you

Finally we would like to ask a little bit about you. This is because we want to be sure that we have collected views from a wide range of people with various experiences. Your personal information will be stored securely and separately from your survey answers.

### Which describes you?

- Patient  
 Carer  
 Family  
 Healthcare Professional *please specify profession* \_\_\_\_\_  
 Other *please describe* \_\_\_\_\_

### Which bone(s) have you broken or have had experience of?

- |  |                                      |
|--|--------------------------------------|
| <input type="checkbox"/> Shoulder Blade        | <input type="checkbox"/> Collar Bone |
| <input type="checkbox"/> Lower Arm / Upper Arm | <input type="checkbox"/> Shoulder    |
| <input type="checkbox"/> Hand / Wrist          | <input type="checkbox"/> Elbow       |

Are you: Male  Female  Other  Prefer not to say

What is your post code,? *first 3 or 4 characters only*

### What is your ethnicity?

White  Asian/Asian British  Black/Caribbean/Black British   
Arab  Mixed/multiple ethnic groups  Prefer not to say   
Other ethnic groups  please describe \_\_\_\_\_

**THANK YOU** for completing this survey.

Please return your completed survey to a staff member or post it using the free post envelope provided: Oxford Trauma, Kadoorie Centre, JR Hospital, OX3 9DU

### Help us to decide on the Top 10 research priorities...

If you have any questions about this survey or would like to find out more about the next stage of this work please contact the PSP Co-ordinator at:

Email: [oxfordtrauma@ndorms.ox.ac.uk](mailto:oxfordtrauma@ndorms.ox.ac.uk); Telephone 01865 223 114.

Website : [www.ndorms.ox.ac.uk/upperlimb](http://www.ndorms.ox.ac.uk/upperlimb)